

### Drug Facts

Active ingredients (in each caplet)	Purpose
Ephedrine sulfate 25 mg.....	Bronchodilator
Guafenesin 400 mg.....	Expectorant

#### Uses

- for temporary relief of mild symptoms of intermittent asthma:
  - wheezing ■ tightness of chest ■ shortness of breath
- helps loosen phlegm (mucus) and thin bronchial secretions to rid the bronchial passageways of bothersome mucus, drain bronchial tubes and make coughs more productive

### Drug Facts (continued)

#### Warnings

**Asthma alert:** Because asthma may be life threatening, see a doctor if you

- are not better in 60 minutes
  - get worse
  - need more than 6 caplets in 24 hours
  - use more than 4 caplets in 24 hours for 3 or more days a week
  - have more than 2 asthma attacks in a week
- These may be signs that your asthma is getting worse.
- This product will not give you asthma relief as quickly as an inhaled bronchodilator.

#### Do not use

- unless a doctor said you have asthma

### Drug Facts (continued)

- if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.
- if you have ever had an allergic reaction to this product or any of its ingredients

#### Ask a doctor before use if you have

- ever been hospitalized for asthma
- heart disease ■ high blood pressure ■ diabetes
- thyroid disease ■ seizures ■ narrow angle glaucoma
- a psychiatric or emotional condition
- trouble urinating due to an enlarged prostate gland
- persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema
- a cough which is accompanied by excessive phlegm (mucus)

#### Ask a doctor or pharmacist before use if you are

- taking prescription drugs for asthma, obesity, weight control, depression, or psychiatric or emotional conditions
- taking any drug that contains phenylephrine, pseudoephedrine, ephedrine, or caffeine (such as for allergy, cough-cold, or pain)

### Drug Facts (continued)

#### When using this product

- your blood pressure or heart rate may go up. This could increase your risk of heart attack or stroke, which may cause death.
- your risk of heart attack or stroke increases if you:
  - have a history of high blood pressure or heart disease
  - take this product more frequently or take more than the recommended dose
- avoid foods or beverages that contain caffeine
- avoid dietary supplements containing ingredients reported or claimed to have a stimulant effect

#### Stop use and ask a doctor if

- your asthma is getting worse (see Asthma Alert)
- you have difficulty sleeping
- you have a rapid heart beat
- you have tremors, nervousness, or seizure
- cough lasts more than 7 days, comes back, or occurs with fever, rash, or persistent headache. These could be signs of a serious condition.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

### Drug Facts (continued)

#### Directions

- do not take more than directed
- adults and children 12 years and over: take 1 caplet every 4 hours as needed. Do not take more than 6 caplets in 24 hours or as directed by a doctor.
- children under 12 years of age: do not use

#### Other information

- store at 20-25°C (68-77°F)

### Drug Facts (continued)

**Inactive ingredients** magnesium stearate, maltodextrin, microcrystalline cellulose, polyethylene glycol, polyvinyl alcohol, povidone, silicon dioxide, sodium starch glycolate, stearic acid, talc, titanium dioxide

#### Questions or comments?

call 1-855-565-9800 weekdays 9 AM to 5 PM EST

Dist. by:  
Foundation Consumer Healthcare, LLC.  
Pittsburgh, PA 15205

©2016 www.bronkaid.com